

NORTH · LONDON  
HOSPICE

SUNDAY 29 NOVEMBER 2020, 4.30PM

JOIN US FOR THIS YEAR'S VIRTUAL CEREMONY



Light  
up a  
Life



YOUR DATA MATTERS

[www.northlondonhospice.org](http://www.northlondonhospice.org)

Registered with  
FUNDRAISING  
REGULATOR

# WELCOME

Welcome to North London Hospice's annual ceremony of remembrance, Light up a Life.

This year in light of the troubling times we are living in we invite you and those close to you to join us from the comfort and safety of your own home for a virtual version of our special Light Up A Life ceremony.

**We will be streaming the ceremony on our website for you to watch at 16:30pm on Sunday 29th November.**

The event will as always be uplifting and reflective and we ask people to take a moment on the night to light a candle at home and think of your loved one. The ceremony is usually held against a backdrop of our beautiful horse chestnut tree at our Finchley site and this will light up every evening until mid January allowing plenty of time for friends and families to come and see it.

We thank you for your support and ask that families and friends of the hospice do not make the journey to the Finchley site to join us on the night for the ceremony this year. This is to ensure the safety of our patients and staff.

Please consider dedicating a light on the tree in celebration of a loved one by visiting our special Light up a Life page **here**. The names of everyone remembered will be entered into our annual Book of Lights along with your personal dedication. All donations to the hospice will help us to provide our vital services during these challenging times.

We would like to take this opportunity to thank you for your continued support and pass on our best wishes for the year ahead.

# ORDER OF CEREMONY

## INTRODUCTION

Laurence McGonnell, Patient and Family Support Manager

The Hindu Chaplain Dr Tana Ji Acharya will perform  
the Hindu ritual of light, known as 'Aarti'

## WELCOME

## REMEMBER & REFLECT

## POEMS

### 'BRIDGE OVER TROUBLED WATER'

The Big Choir

## READINGS ON THE THEME OF LIGHT

North London Hospice Chaplaincy Team

## MY STORY

Grant Morgan

## TREE LIGHTS SWITCH ON

## A SHORT ADDRESS FROM NORTH LONDON HOSPICE

-END OF EVENTS-

# I HAVEN'T COME THIS FAR TO ONLY COME THIS FAR

## -MY STORY BY GRANT MORGAN

When Jack Morgan passed away at just 22-years-old, he'd achieved more than many in over 70 years on this Earth.

He became an inspiration as he blogged on Instagram ([itsme\\_jmo](#)) about every step of his two-year journey with a rare form of cancer. His determination, openness and honesty in his posts led to a following of almost 30,000 and support from across the world, including from footballer Paul Pogba and musician Craig David.

Jack beat Stage 3 cancer but when it returned and the chemotherapy was unsuccessful he embarked on a clinical trial in Belgium in March 2019 and began receiving support from North London Hospice.

NLH provided symptom relief at home in Barnet to the graduate of Bristol University, whose Department of Engineering and Maths has since created the Jack Morgan Award for Ardour in his memory, a proud

moment for Jack's parents Grant & Emma and his three siblings Joshua and twins Charlotte and Sam.



North London Hospice's Dr Jo Brady and nurse Kevin Yates visited Jack regularly to help with his symptom management. "Jack and Dr Jo are angels on Earth," explained Grant. "Jo was, and still is, an incredible support. Jack had a phenomenal brain and it felt like he knew more about his condition than many medical professionals. He wanted to understand what was happening to him and shared his experiences with the wider world."

In summer 2019 it was suggested Jack came into the Hospice's Finchley in-patient unit for a week for specialist care.

*"He didn't want to come in but Dr Jo explained that many people come for symptom management and then go home. And when we arrived it had a very homely environment. The staff were phenomenal; the nurses so caring. We as a family have never experienced anything like that level of care and compassion before."*

After a week Jack left the Hospice and spent two weeks in hospital before returning home in August, where he received the devastating news that the clinical trial hadn't worked.

"Jack really wanted to be at home and we wanted him there too. He needed specialist equipment and the Hospice just made it happen. They took all the stress of the admin and phone calls away and arranged all the things he needed."

Jack passed at home at 1.30am on 26 August 2019, surrounded by his family. "The hospice provided a nurse on that night and she was there to make things that bit easier for Jack and all of us.

*"People perceive that a hospice is all about end-of-life care.....but it's so much more than that. Our own experience is testament to this. It's now over a year since Jack passed, and we still have a relationship with North London Hospice."*

Dr Jo Brady added: "Jack truly was a remarkable young man who, through his brilliant brain, taught me lots about science and we negotiated treatment plans collaboratively. But more than that he taught me to live life as fully as possible, to keep fighting for a better day and the power of sharing stories. I feel lucky to have spent time with him and his family and am eternally grateful for their support of the hospice. He

leaves a footprint in my heart."

**"I Haven't Come This Far To Only Come This Far"** became Jack's mantra throughout his illness and inspired his family and friends to ensure his legacy lives on.



## LEGACIES

We rely on legacies from our generous supporters to secure the future of the Hospice. If you are interested in leaving a gift to the Hospice in your will, or would like information about our **Free Will Month** campaigns, please call **020 8446 2288** or email **legacies@northlondonhospice.co.uk**





The North London Hospice Tribute Tree is a beautiful hand-crafted metal sculpture which is set in the Hospice main reception. It provides a wonderful tribute to loved ones.

The leaves of the Tribute Tree are personalised with the name of a loved one and will remain on the tree for a year, after which your leaf will be sent to you, or you may choose to keep the leaf on the tree for another year (for a further donation).

Funds raised through the Tribute Tree will help North London Hospice continue to provide specialist end-of-life care and support, free of charge, to patients, family and friends for as long as they need our help.

## YOUR LEAF

You can place the name of your loved one on the Tribute Tree for one year.

**£1,000 - GOLD LEAF**

**£500 - SILVER LEAF**

**£250 - BRONZE LEAF**



The North London Hospice

# TributeTree

For more information [click here](#) or contact the Fundraising Team on **020 8446 2288** or email [fundraising@northlondonhospice.co.uk](mailto:fundraising@northlondonhospice.co.uk)

Light up a Life has been very different this year due to the current climate but it is still an incredibly special event at North London Hospice and we could not arrange it without the assistance of our supporters:

NLH Multi-Faith Chaplaincy Team

The Big Choir

The Salvation Army

Rapture Film

Grant Morgan

Jane and Ken Ferguson and The Rotary Club of Mill Hill

*All the staff and volunteers at North London Hospice who have made this event possible*



NORTH LONDON  
HOSPICE



**Big Fat Quizmas**  
**Festive Bake Off**  
**Christmas Jumper Day**  
**Sleigh That Selfie Contest**

For more information please visit  
<https://bit.ly/2Hywpxq>  
Call 020 8446 2288 or email us on  
[fundraising@northlondonhospice.co.uk](mailto:fundraising@northlondonhospice.co.uk)

